

Recovery Services

Southwest Counseling Service provides mental health and substance abuse services for adults, children, adolescents and families.

Southwest Counseling's Recovery Services include:

- Substance Abuse treatment
- Residential treatment services
- Drug & Alcohol Assessments
- Alcohol & Other Drug Education
- Intensive Outpatient Program (IOP)
- Treatment Readiness Group
- Relapse Prevention
- Corrective Thinking
- Life Skills
- DUI Class
- Individual, couple and family treatment
- Prevention and Intervention
- Case Management
- Resources for questions about substance abuse
- Other community information

Substance Abuse treatment is designed to provide support, education, life skills, knowledge and tools to fight addiction.



Enriching lives through wellness, recovery, and hope

Community Mental Health &
Substance Abuse Treatment Center

Southwest Counseling Service

2300 Foothill Blvd.
Phone: (307) 352-6677
Fax: (307) 352-6615

www.swcounseling.org

Recovery Services



Recovery Groups

Drug & Alcohol Assessment

Southwest Counseling Service provides comprehensive drug and alcohol assessment to all individuals seeking substance abuse treatment in order to determine the most appropriate course of treatment. Treatment recommendations can include individual counseling, intensive group therapy, or residential treatment (short & long term). Assessments are based on American Society of Addiction Medicine (ASAM) Patient Placement Criteria.

Treatment Readiness Group

Treatment Readiness Group is offered to any client referred to a Recovery program prior to their assessment or entry into treatment. The purpose is to provide early engagement in services to people waiting to enter a treatment program, introduce the treatment process, assess motivation and interest, discover ways to stay drug free until treatment begins, and educate about the basic principles of the addiction process.

Intensive Outpatient Program

Intensive Outpatient Program (IOP) is for individuals who have been diagnosed with substance dependence and require more than individual treatment. The program groups are mostly separated by gender with one combination group. The group meets nine hours per week (3 hours every Monday, Wednesday, and Friday).

Relapse Prevention

The Relapse Prevention program offers additional services targeted at relapse issues for individuals while in outpatient treatment. The group meets twice a week.

Corrective Thinking

Corrective Thinking is a program designed to help individuals learn about the thinking errors behind irresponsible and criminal behavior. Correctives are taught to help individuals lead a more responsible, crime-free life.

Continuing Care

Continuing Care is provided to individuals who have successfully completed treatment, either outpatient or residential. Continuing Care is essential in providing support to the client's sobriety, reinforce his/her treatment and begin the process of relapse prevention.

DUI Class

Southwest Counseling Service offers a basic traffic, alcohol and drug awareness (DUI) course. The comprehensive 8-hour educational program is for individuals with a drug or alcohol related traffic offense. The goal is to help individuals become aware of the dangers of driving under the influence of alcohol and other drugs.

Prevention Services

Southwest Counseling Service provides prevention services to inform the public about substance abuse and to promote healthy social changes. Target areas include:

- Underage & Binge Drinking
- Tobacco Prevention
- HIV/AIDS Awareness Education
- Methamphetamines & Other Drugs
- Other additional services

The goal is to provide individuals with the knowledge and tools to prevent use and/or to intervene at early stages of abuse.

Case Management

Case Management is a coordinated effort between the client, clinician and case manager to help find additional resources in the community for our client. These resources can include linkage, follow-up, referrals, advocacy, and crisis intervention. Case Management is essential in providing the best possible treatment. Open communication and collaboration with your therapist and/or case manager is beneficial in providing you with additional resources and services that meet your specific needs.

Residential Treatment Services

Rosen Recovery

Rosen Recovery is a short-term (3-6 month) residential treatment program for people with substance abuse problems who are unable to maintain sobriety in the community.

Therapeutic Community

The Therapeutic Community is a long-term (6-12 month) residential treatment program for individuals with severe substance abuse disorders, co-occurring disorders, and/or criminal behavior. It is highly structured, confrontational and is an effective alternative to jail or prison.

Women's Addiction Program

The Women's Addiction Program allows pregnant women and mothers with substance abuse problems to receive intensive residential treatment while having their children live with them during the treatment process. The program provides clients with parenting skills, thus increasing the women's motivation for change and eliminating the need for foster placement.

Sober Living

Sober Living is a peer supported environment for individuals that have successfully completed treatment and are supported as they gradually enter back into the community.